



FINDING YOUR IDEAL VOLUNTEERING ROLE

With so many worthy causes and extensive needs, choosing the right volunteering role can often feel overwhelming.

To discover the perfect volunteering opportunity, a great place to start is by identifying what truly interests or excites you, whether it's a new field or a familiar passion. This could be something you've loved doing for years or even a completely new area you're keen to explore.

IDENTIFY YOUR PASSIONS

What genuinely interests or excites you?

This could be a skill you already have, a cause you care about, or something entirely new you want to try in a safe space.

Follow the links below to search for other volunteer opportunities in Medway:

[Do-It.org.uk](https://www.do-it.org.uk)
[Charity Job](#)
[Vinspired](#)
[Kent Coast Volunteering](#)
[Medway Council Volunteering](#)

ASSESS YOUR AVAILABILITY & SKILLS

How much time can you give, and what talents or experiences are you willing to share?

This helps to narrow down the vast number of options.

[Medway Maritime Hospital Volunteering](#)
[Kent & Medway NHS Cadets](#)
[Indeed](#)

You can find more opportunities with MVA's Better Together Consortium partners below:

[Carers First](#)

Phone: 0300 303 1555 | Email: hello@carersfirst.org.uk

[Kent Association for the Blind \(KAB\)](#)

Phone: 01634 691 357 | Email: enquiries@kab.org.uk

START RESEARCHING

Keep in mind that no single organisation holds a complete list of roles.

Although MVA come very close. They represent Medway's VCSEF sector, and offer over 80+ local volunteering opportunities. Searching by scanning the code, asking friends and family, or using online finders can save you lots of time in researching roles.



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