



Your Voice In Mental Health

## A Medway Mental Health Event

Everyone is welcome

Professionals, Service Users, Carers or anyone with an interest

Wednesday 4<sup>th</sup> October 2023 - 10am to 2pm

St Paul with All Saints Church, Magpie Hall Road, Chatham ME4 5NE

MEGAN CIC are inviting you to come and mark World Mental Health Day

We will be looking at this year's theme,

'Mental Health is a universal human right'

The programme for the day is as follows:

10am	Sign-in, Tea, Coffee and networking
10.15am	Welcome from the MEGAN CIC team and update
10.30am	Meet Ben Edmonds-Taylor, Senior Community Link Worker – Live Well Kent
10.45am	Facilitated Round Table Discussion and Mapping
11.15am	Meet Sam and Chris from MEGAN CIC and hear about the User Voice Project
11.30am	Break – Tea & Coffee
11.45am	Meet Catherine and Julie from Medway Public Health
12pm	Meet Kirsty Scurr from All Saints Community Project
12.10pm	Meet Jason Carlow from Open Road
12.20pm	Meet Emerge Advocacy
12.30pm	Service User Recovery Journey
12.50pm	Close from MEGAN CIC
1pm	Complimentary Lunch and Networking

To Book a place on this event, please contact MEGAN CIC on 01634 402077

Please ensure you book a place for catering purposes