



Joe Wastell

"I am aged 29, have learning disabilities and have been volunteering for 3 or 4 years.

Being a trustee involves attending meetings to do with how BELIEVE is run. I also get to get involved with interviewing new volunteers and trustees. I also get to get involved in projects that BELIEVE is running.

I was asked if I wanted to become a trustee after Teresa attached one of my Disability Medway Network CIC networking events.

BELIEVE's aims and values largely reflected my own, of making the lives of people with learning disabilities better.

I like to know that I am helping people. It is also nice to know that my ideas are welcome. It is also good to work

with a wide range of people.

I think that, as it is a charity that's aims and values largely reflect my own. I believe I gain a sense of purpose and achievement. Its nice knowing that I am helping someone.

A group that has a wide range of diverse trustees. Can benefit a charity by allowing new ideas to come forward from people's different life experiences.

Also as the area that we live in is diverse, it makes a charity look good as the charity wants to hear from people in the community who are not normally heard from.

As mentioned, having diverse trustees benefits the charity. It can also benefit the service users in the same way. diverse trustees will reflect all aspects of the community.

I think I have been able to develop my skills in thinking my feet and developing ways of forming reasoned ideas.

If you see a group that's aims and values reflect your own, ask if they have a board of trustees that you can join. The ideas that you bring could help shape the way the group is run."

