

Great Leaps Adventure CiC

Health & Wellbeing Sessions



Session Dates & Times

January	February	March
Thursday 6 th 12noon to 3pm	Friday 4 th 12noon to 3pm	Tuesday 1 st 10am to 1pm
Thursday 13 th 12noon to 3pm	Wednesday 9 th 12noon to 3pm	Tuesday 8 th 10am to 1pm
Thursday 20 th 12noon to 3pm	Tuesday 22 nd 12noon to 3pm	Tuesday 15 th 12noon to 3pm
Friday 28 th 12noon to 3pm	Friday 25 th 12noon to 3pm	Tuesday 22 nd 12noon to 3pm
		Tuesday 29 th 10am to 1pm
April	May	June
Easter Break - No Sessions	Tuesday 3 rd 10am to 1pm	Tuesday 7 th 12noon to 3pm
Easter Break - No Sessions	Tuesday 10 th 12noon to 3pm	Tuesday 14 th 12noon to 3pm
Tuesday 19 th 12noon to 3pm	Tuesday 17 th 12noon to 3pm	Tuesday 21 st 12noon to 3pm
Tuesday 26 th 9am to 12noon	Tuesday 24 th 10am to 1pm	Tuesday 28 th 12noon to 3pm