

Carers First

Do you care for someone?

Digital Champions Training for Young Adult Carers 16 -24

Would you like to increase confidence,
self-esteem, and digital skills?

Young adult
carers completing
50% of the course
will receive £100
voucher

Young adult
carers completing
100% of the
course will receive
a tablet to the
value of £400



Digital Champions Programme for Young Adult Carers, 16 - 24

Carers First is offering digital skills training for 12 young adult carers to become Digital Champions, to train 72 adult carers to get online and seek volunteering and employment opportunities and online support available to them.

Each young adult carer will receive Digital Champion training, covering GDPR; safeguarding; communicating effectively with vulnerable people of all ages; and recording interactions accurately.

For adult carers, this will help to tackle isolation, enabling them to join online groups, wellbeing activities and our social media platforms. The training will also benefit carers practically, to access services online to help manage their health, shopping and banking needs.

Our Digital Champions programme will be running from the end of January - dates yet to be confirmed.

This project is funded by the UK Government through the UK Community Renewal Fund



UK Government

If you are interested, please contact us for more information.

www.carersfirst.org.uk | 0300 303 1555