

IMPACT REPORT



Our year in Numbers...

£6.5m

Secured for Medway charities through MVA's Better Together Infrastructure contract. This our return on investment (ROI).

1,865

People in Medway & Swale participated in Health Research.

1,311

Early deaths potentially prevented as a result of our Bowel Screening Programme in Kent where there is a low uptake of screening.

95%

of VCSEF organisations felt better connected to other services and support networks as a result of working with MVA.

2,333

hours of generous leadership donated by VCSEF groups across Medway and Kent. 1,779

VCSEF staff, volunteers and trustees that MVA have worked with across Medway and Kent.

5,104

People supported directly in Medway and Swale across MVA's 21 projects.

At least

74,612

Residents lives who have been touched by MVA.

How our services help to change lives...

"I was stuck in the house and faced a lot of loneliness. These sessions have created a beautiful community of us women to get together and focus on our wellbeing."

Attendee, Gurdwara partnership funded project

"One of the most effective, relevant and current sessions I've ever attended.

Absolutely fantastic."

Attendee, Swale Voluntary Alliance collaboration session

"The (bowel screening)
test kit has been in my
cupboard for about 3 months, to be
honest I'd forgotten about it. Having
spoken to you today I'll do it over
the weekend."

Local resident, Chatham Carnival

"I managed to
lose 1 kg,
which does not
seem much, but it helped
increase my physical activity
level and motivation to join
new activities. I have made
some lovely friends from
different cultures,
became a one big
'family'."

Margaret

aged 74)

"As a new charity the Funding Club was vital to our success in raising funds. We felt incredibly supported and received a wealth of valuable information."

Funding Club Member

"Involving Medway and Swale research carried out by MVA informed the direction of travel for the James Williams Healthy Living Centre, Chatham. The public spoke and we listened".

ICB Commissioner

"The group helped me see a positive in a dark situation."

Without it, he wasn't sure how he would have coped.

Allan, Befriending Group Member

"Being part of this (Vital 5)
event was rewarding. Seeing the
community spirit and the smiles on
everyone's faces made all the hard
work worth it."

Michael Brown, Volunteer

> "I had broken my leg, and the pain used to be unbearable. Through yoga, I've gained so much mobility and now

feel confident in my body again.

If it wasn't for these sessions, I might have needed more medical intervention."

Simran, participant in Community Health Catalyst funded Community Yoga Programme







To view our full Impact Report please visit mva.org.uk/about



@MVAMedway



@CVSMedway



MVA | 5a New Road Avenue | Chatham | ME4 6BB www.mva.org.uk | Charity No:1042475 | Company No: 02987866

